

# Culturally-Relevant Youth Mentorship for Inclusive Environmental Action



## KEY CONCEPTS

### Culture

We are all cultural beings. Culture includes the ways in which we engage and make sense of the world as we participate in the everyday activities of our communities.

### Sociocultural Competence

Inhabiting an understanding of one's individual cultural identities and how its congruent perspectives and societal position interacts with other identities in the social sphere.

### Cultural Humility

A personal lifelong commitment to self-awareness and self-reflection of one's own beliefs and cultural identities combined with a willingness to learn from and honor the beliefs, customs, and values of others.

### Asset-Based Framing

Individuals and communities are valued for what they bring rather than being characterized by what they lack.

### Healing-Centered Engagement

The invisible and pervasive nature of trauma necessitates that we avoid making assumptions about anyone and apply empathy, care, flexibility and a healing-centered approach with everyone.

### Positive Youth Development

Programs that provide youth with networks of supportive adults and opportunities for connectedness with the aim of developing and enhancing positive characteristics of individuals and their surrounding context.

Access the full curated list of resources at:  
[s.uconn.edu/clcc-resources](https://s.uconn.edu/clcc-resources)

